

Taming Worry Dragons

This is a weekly group, designed to support children as they explore their feelings of fear, anxiety, and worry in a supportive environment.

Parents are required to attend the concurrent parenting group focused on helping parents understand and support their children.

Pre-interview required.

This program is not designed for children with a diagnosis.

There are separate sessions for children ages 5 to 8 years old



When: Every Thursday from
January 26th to
March 16th 2017

Time: 6:00pm - 7:30pm

Cost: \$85/family subsidy
available

Where: 5409 50th Ave

Register online at
www.fsca.ca

For more information please
call 403-343-6400

